

World Gourmet Summit 2006
Culinary Masterclass
Singapore Tourism Board, Auditorium

19 April 2006 / 11.00am - 12.30pm

BARBECUE PORK CONFIT

Presented by
Masterchef Susur Lee

Serves 4

Ingredients

Classic Crêpe

- 1 cup Flour
- 4 Eggs
- ½ tsp Salt
- ½ cup Milk
- 2 tbsp Sugar
- Nutmeg, to taste

Braised Onion Jam

- 2 Sweet Spanish onions, peeled and sliced thinly
- 2 White onions, peeled and sliced thinly
- 250 ml Red wine
- 100 ml Honey
- 3 tbsp Chicken stock

BBQ Pork Stuffing

- 500 g BBQ pork, julienned
- 250 g Shiitake mushrooms

Spiced Pineapple

- ⅛ tsp Cayenne
- ⅛ tsp Ground black pepper
- ⅛ tsp Fennel, ground
- ⅛ tsp Cloves, ground
- ⅛ tsp Star anise, ground
- ½ Ripe pineapple, peeled and diced

Spiced Nuts

- 2 tbsp Sugar
- 18 g Walnuts, toasted and roughly chopped
- 18 g Cashews, toasted and roughly chopped
- 18 g Pistachio, toasted and roughly chopped
- ⅛ tsp Ground black pepper
- ⅛ tsp Cinnamon, ground
- ⅛ tsp Star anise, ground
- ⅛ tsp Chilli flakes
- ⅛ tsp Fennel
- 20 g Honey
- 10g Butter
- Salt, to taste



Method

1. Classic Crêpe: Mix all ingredients into a thin batter. Pour portions into medium-sized round frying pan to make thin crepes.
2. Braised Onion Jam: Heat olive oil in a pan and sauté onions until soft. Add in honey, red wine and chicken stock; reduce on low heat for 3 hours.
3. BBQ Pork Stuffing: Heat some oil in a frying pan and fry shitake mushrooms until golden brown. Mix mushrooms, BBQ pork and braised onion jam in a bowl and wrap portions in crêpe. Keep warm in the oven.
4. Spiced Pineapple: Mix diced pineapple with spices. Slowly bake in the oven for 30 minutes.
5. Spiced Nuts: Caramelize sugar in a shallow frying pan until fragrant. Add in cashews, walnuts and pistachio. Add honey and coat nuts thoroughly. Add in spices and butter, stirring constantly. Pour the

To Serve

Place two BBQ pork crepes in the centre of a plate; arrange spiced pineapples on the side. Top off with some chopped spice nuts.